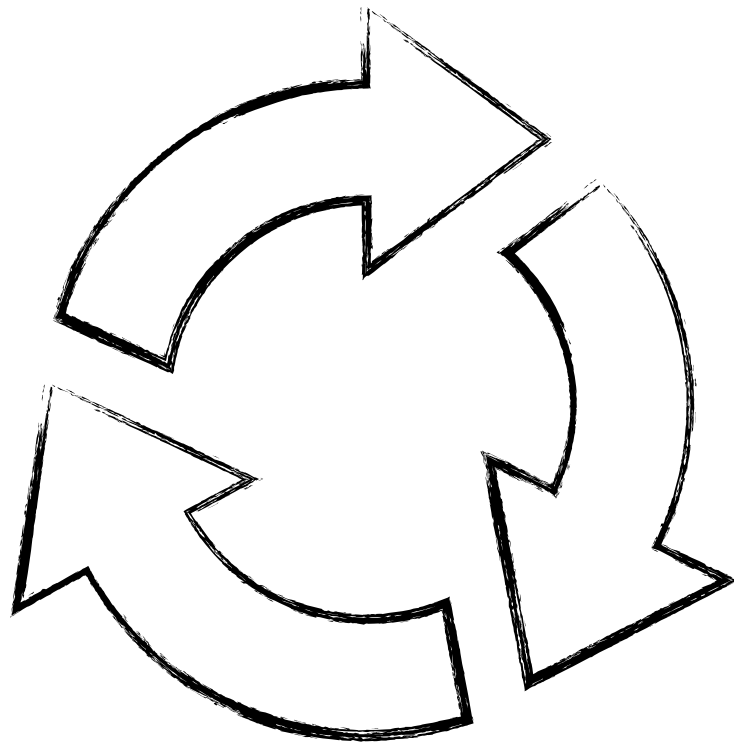


Prompt: Write about a time when you had to let go of something you loved or wanted.



Write about a time you had to let go of something toxic that you loved.

What was the difference between the two?

What are some examples of things you should let go?

What advice would you give someone to let go of things that are no longer serving them?